

Riverside University HEALTH SYSTEM Behavioral Health Conference Center 2085 Rustin Ave. Riverside, CA, 92507

Saturday
Dec 7
9a -1:30p

Up Your Interpreting Game by Improving Your Brain Health!

Presented in English by: Ben Wilson, CI/CT, NAD-V, Psy.D.

An Unhealthy Brain Affects:

- Memory
- Mood
- Processing Time
- Overall Wellness

Learn How To:

- Improve physical & mental health
- Aid in preventing dementia & memory loss
- Improve interpreting stamina & ability to hold and process info

Did you know?

There are 11 major risk factors that can steal your mind!



0.4 CEUS (GS)Content/Knowledge Level:

Content/Knowledge Level All Welcomed

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ASL Interpreters upon request